

REFEREED JOURNALS

Howington, J., Davis, D., Deschaine, M., Cabrera, J., **Winburn, A.** (Under Review) Project GRIT: An Applied Research Study Conducted in an Alternative School Program to Promote Alternative Behaviors to Violence. *Social and Emotional Learning: Research, Practice, and Policy*.

King, A., **Winburn, A.**, Cassidy, E. (Under Review). A Qualitative Investigation of School Counselors' Experiences While Participating in Professional Learning Communities. *Professional School Counselor*.

Winburn, A., Camilo, D., Cabrera, J. (Under Review). Examining Public Perceptions of School Discipline Reform and the Role of School Counselors. *Journal of Contemporary Research in Education*.

Winburn, A., Barnard, M., Therthani, S., Reysen, R. (Under Review). The Role of Outcome Expectancy in Career Seeking Intentions in Middle School Students. *Journal of Contemporary Research in Education*.

Reysen, R., Reysen, M., **Winburn, A.** (2023). Predicting Grit for College Students on Academic Probation as a Function of Parent Workaholism Tendencies and Meaning of Life. *Alabama Counseling Association Journal: Vol 45 (1), 77-102*.

Winburn, A., Neal, S., Reysen, R. (2023). Play Therapists' Perceived Levels of Stress, Burnout, and Job Satisfaction. *International Journal of Play Therapy*.

Bledsoe, K. G., **Winburn, A.**, Lusk, S., Balkin, & Stickl Haugen, J. (2023). Life Balance and Work Addiction Among School Counselors at the Onset of the COVID-19 Pandemic. *Journal of Professional Counseling: Practice, Theory, & Research*. DOI: [10.1080/15566382.2023.2201960](https://doi.org/10.1080/15566382.2023.2201960)

Sobrinho, M., Coleman, M., Springfield, J., Neal, S., and **Winburn, A.** (2023) "Examining Telemental Health in Mississippi: Brief Report," *Journal of Counseling Research and Practice: Vol. 8: Iss. 1, Article 7*. DOI: <https://doi.org/10.56731/2688-3996.1066>

Reysen, R. Balkin, R., **Winburn, A.** (2022). Predicting Academic Entitlement for College Students on Academic Probation Using Factors of Life Balance and Gaming Addiction, *College Teaching*, DOI: [10.1080/87567555.2022.2116554](https://doi.org/10.1080/87567555.2022.2116554).

Winburn, A., Suddeath, E., Russo, J. (2021). Examining the Role of Online Learning in Play Therapy: Attitudes, Knowledge and Skills. *Journal of Play Therapy*, 15, 26-39.

Midgett, A., Doumas, D. M., Peck, M., & **Winburn, A.** (2021). The Relationship Between Witnessing Bullying, Defending Targets, and Internalizing Symptoms: An Analysis of Gender Differences Among Sixth-Grade Students. *Professional School Counseling*.

Winburn, J., & **Winburn, A.** (2020). The Role of Political Ideology in Public Opinion toward

- Enumerated Antibullying Policies in Public Schools. *Politics & Policy*, 48(3), 442-463.
- Winburn**, A., Cabrera, J., & Lewis, C. (2020). Examining empathy and advocacy in K-12 educational leaders. *International Journal of Leadership in Education*, 1-18.
- Winburn**, A., Perepiczka, M., Frankum, J., & Neal, S. (2020). Play therapists' empathy levels as a predictor of self-perceived advocacy competency. *International Journal of Play Therapy*, 29(3), 144.
- Winburn**, A., Kerwin, A., King, A., & Johnson Tatum, M. (2019). Examining Empathy and Advocacy Competencies in Professional School Counselors. *Journal of Counseling Research and Practice*, 5(2), 3.
- Winburn**, A., Reysen, R., Suddeath, E., Perryman, M. (2018). Working beyond the bell: School counselors and workaholism tendencies. *Professional School Counselor*, 21(1), 1-8.
- Winburn**, A., Reysen, R., & Niemeyer, R. (2017). In the Thick of Things: Exploring School Counselor's Roles and Response to Intervention. *Journal of Contemporary Research in Education*, 5(1), 3.
- Winburn**, A., Gilstrap, D., & Perryman, M. (2017). Treating the tiers: Play therapy responds to intervention in the schools. *International Journal of Play Therapy*, 26(1), 1-11.
- Winburn**, A., Perryman, M. (2016). Are play therapist well? *International Journal of Play and Creative Therapies*, 1(1), 73-81.
- Reysen, R., **Winburn**, A., Young, T., & Degges White, S. (2016). Using career construction theory to supporting college students transition from their undergraduate studies. *The Alabama Counseling Association Journal*, 40(2), 34-54.
- Rogers, T., Snow, M. Reysen, R., **Winburn**, A., Mazahreh, L. (2014). Creating self-awareness: Exploring adult attachment patterns in counselor trainees. *Journal of Counseling Research and Practice*, 5(2), 60-73.
- Reysen, R., **Winburn**, A., Niemeyer, R. Monroe A. (2014). The relationship between workaholism tendencies and state of development in a K-12 teacher population. *Journal of Contemporary Research in Education*, 2(3), 105-114.
- Winburn, J., **Winburn**, A., Niemeyer, R. (2014). Media coverage and issue visibility: State legislative responses to school bullying. *Social Science Journal*, 51(4), 514-522.
- Young, T., **Winburn**, A., & Hagedorn, W.B. (2013). The effect of training in motivational interviewing on client adherence: A controlled study. *Journal of Mental Health Counseling*, 35(2), 142-153.
- Winburn**, A., Niemeyer, R., Reysen, R. (2012). Mississippi principal's perceptions of cyberbullying. *Delta Journal of Education*, 2(2), 1-15.

Books

Balkin, R., **Winburn**, A., Schmit, E., Mendoza, S. (2023). *Counseling Youth*. New York: Oxford University Press.

Book Chapters

Winburn, A., Pannel, M. (2023). Grief and School Experiences. In Turner and Stauffer (Eds), *Disenfranchised grief: Examining social, cultural, and relational aspects*. (pp.) Routledge, New York, NY, US

Winburn, A., Bledsoe, K. (2023). School Based Play Therapy Supervision. In Born and Baker (Eds), *Play Therapy Supervision* (pp. 156-168). Routledge, New York, NY, US

Winburn, A., Dugger, S. M., & Main, J. A. (2017). Toy guns in play therapy: An examination of play therapists' belief. In R. L. Steen, (Eds.), *Emerging research in play therapy, child counseling, and consultation* (pp. 140-157). Hershey, PA, US

Other Refereed Journals

Winburn, A. (2018) The Middle Ground: Guns in the playroom. *Play Therapy Magazine*, 13(2), 16-17.

Winburn, A., Burton, E., King, A. (2017). Me, my selfie, and I. *Play Therapy Magazine*, 12(1), 6-9.

Perryman, M., **Winburn**, A., Dunagan, M. (2015). The Problem with Passion. *Play Therapy Magazine*, 12(4), 6-10.

Winburn, A., Strickland, J., Gilstrap, D. (2015). Play Well With Others. *Play Therapy Magazine*, 10(1), 18-22.

Grants

Translating an In-Person Brief, Bystander Bullying Intervention (STAC) to a Technology-Based Format – R42 STTR/SBIR, National Institute on Health Disparities. Amount Awarded: \$1.7M (Co-Principal Investigator).

PROFESSIONAL PRESENTATIONS

National Conferences

Balkin, R., **Winburn**, A. (2023). Helping Students Work THrough Conflict and Forgiveness in Social Emotional Learning. Presented at the American Counseling Association. Toronto, ON.

Bledsoe, K., **Winburn**, A. (2023) School Counselor Supervision: Trends, Benefits, and Challenges. Presented at Mississippi School Counseling Conference. Biloxi, MS.

Camilo, D., Winburn, A., Cabrera, J. (2022). School Discipline and School Counselors. Presented at the American Educational Research Association. San Diego, CA.

Winburn, A., Cabrera, J. (2021). Examining empathy and advocacy in K-12 educational leaders. Presented at the American Educational Research Association. Virtual.

Winburn, A., Kerwin, A. (2019). *Advancing Advocacy through School Counseling Curriculum and Practice*. Presented at the American Counseling Association Conference, New Orleans, LA.

Winburn, A., King, A. (2018). *Picture This! Selfies as a therapeutic tool*. Presented at the American Counseling Association Conference. Atlanta, GA.

Winburn, A., King, A. (2017). *Me, My Selfie, and I*. Presented at the American School Counseling Conference. Denver, CO.

Winburn, A., Gilstrap, D., King, A. (2017). *Incorporating Play Techniques at the Tier 2 and 3 Level*. Presented at the American School Counseling Conference. Denver, CO.

Winburn, A., Reysen, R., King, A. (2016). *Simmer Down: Personal Wellness for Professional School Counselors*. Presented at the American School Counseling Conference. New Orleans, LA.

Winburn, A. (2014) *Roles and Responsibilities of School Counselors Working Within the Response to Intervention Model*. Presented at the Southern Association for Counselor Education and Supervision. Birmingham, AL.

Winburn, J., Winburn, A., Niemeyer R. (2012). *Bully Busting: State Policy Innovation and Adoption in an Emerging Area*. Paper presented at the Southern Political Science Association. New Orleans, LA.

Winburn, A., Spruill, D. (2011) *School Counselors Leading the Way: Infusing CACREP Leadership Standards Within the Counselor Education Curriculum*. Paper presented at the Conference of Association for Counseling Education and Supervision. Nashville, TN.

Winburn, A., Niemeyer, R. (2011). *Examining Perceptions: An Evaluation of School Leaders and their Perceptions on Cyberbullying*. Presented at the Meeting of the Create Conference. Oxford, MS.

State Conferences

Winburn, A., Panel, M. (2021). Grief and School Experiences. Presented at the Mississippi Counseling Association Conference, Biloxi, MS.

Winburn, A., King, A., Vassar, H., McClain, R. (2019) Bibliotherapy in Small Groups for

- Teens. Presented at the Mississippi Counseling Association Conference, Biloxi, MS.
- Winburn, A., King, A., Vassar, H., McClain, R. (2018). *A to Z: Bibliotherapy for Children*. Presented at the Mississippi Counseling Association Conference, Biloxi, MS.
- Winburn, A., Reysen, R., Coleman, J. (2017). Tips for Publishing in the Journal of Counseling Research and Practice. Presented at the Mississippi Counseling Association Conference. Tupelo, MS.
- Winburn, A., Kerwin, A. (2016) *Ya'll Means All*. Presented at the Mississippi Counseling Association Conference. Biloxi, MS
- Winburn, A. Perrman, M. (2015) *Weight Based Bullying*. Presented at the Mississippi Counseling Association Conference. Biloxi, MS.
- Winburn, A. Reysen, R. (2015). *Working Beyond the Bell: Exploring School Counselor's Work Habits*. Presented at the Mississippi Counseling Association Conference. Biloxi, MS.
- Winburn, A. (2014) *Building a Pyramid of Interventions*. . Presented at the Mississippi Counseling Association Conference. Jackson, MS.
- Winburn, A. (2013). *Response to Intervention: Exploring School Counselor's Roles and Experiences*. Presented at the Mississippi Counseling Association Conference. Jackson, MS.
- Winburn, A., Snow, M., Crumrine, L. (2012). *Child-Centered Play Therapy and Technology: Exploring the Incorporation and Use of the iPad*. Presented at the Mississippi Counseling Association Conference. Biloxi, MS
- Young, T. Winburn, A., Rogers, T. (2011). *Mindfulness Based Cognitive Behavioral Therapy: Augmenting Awareness*. Presented at the Mississippi Counseling Association Conference. Biloxi, MS
- Rogers, T., Reysen, R., Mazarheh, L., Winburn, A. (2011). *Creating Self-Awareness: Adult-Attachment Styles in Counselor Trainees*. Presented at the Mississippi Counseling Association Conference. Biloxi, MS.
- Rogers, T., Reysen, R., Mazarheh, L., Winburn, A. (2011). *Adult Attachment Styles for Educators in Training*. Presented at the F.E. Woodall Spring Conference for Helping Professions. Cleveland, MS.

TEACHING EXPERIENCE

University of Mississippi

COUN 690 Counseling Theory & Intervention Skills
COUN 663 School Counseling Practicum
COUN 654 Grief Counseling
COUN 692 Narrative Therapy
COUN 665 School Counseling Internship
COUN 701 Introduction to Play Therapy
COUN 644 Child and Adolescent Counseling
COUN 710 Child Parent Relationship Training
COUN 709 Application of Play Therapy in Schools
COUN 771 Expressive Arts with Children
COUN 778 Seminar in Special Problems
COUN 605 Research in Counseling
COUN 630 Foundations of School Counseling
EDCI 703 Seminar on the Learner and Learning

PROFESSIONAL SERVICE

Leadership

Assistant Chair 2023- University of Mississippi-Department of Leadership and Counselor Education.

Program Coordinator 2018- current. University of Mississippi-Department of Leadership and Counselor Education (Specialist-Counselor Education Program).

Program Coordinator 2014- 2015. University of Mississippi. Department of Leadership and Counselor Education.

Assessment Coordinator 2014-2015 & 2021-. University of Mississippi. Department of Leadership and Counselor Education.

Internship and Practicum Coordinator 2013-2015. University of Mississippi. Department of Leadership and Counselor Education.

Curriculum & Policy Committee Member 2013-2021. University of Mississippi. Department of Leadership and Counselor Education.

Assessment Committee Member 2013-2015 & 2021-. University of Mississippi. Department of Leadership and Counselor Education.

Committee Member 2012. Committee for Accreditation of Counseling and Related Educational Programs-CACREP Doctoral Assessment Manual. University of Mississippi.

Mississippi School Counseling Association President (2021-2023).

Editorial Service

Co-Editor for Journal of Counseling Research and Practice (2017-2019)

Editorial Review Board for Journal of Counseling and Adolescent Counseling (current)

Editorial Review Board for Play Therapy Magazine (current)

Awards

Research Award, 2020

Mississippi Counseling Association

Outstanding Teacher of the Year Award, 2019

School of Education, University of Mississippi

Outstanding Doctoral Student in Research, 2013

School of Education, University of Mississippi

National Memberships

American Counseling Association

American School Counseling Association

Association for Counselor Education and Supervision

Southern Association for Counselor Education and Supervision

Association for Play Therapy

State Memberships

Mississippi Counseling Association (Current)

Mississippi School Counseling Association (Current)

Mississippi Association for Play Therapy (Current)

PROFESSIONAL EXPERIENCE

Associate Professor (2019-current), University of Mississippi, Oxford, MS

Associate Professor in the School of Education, Department of Educational Leadership and Counselor Education. Responsibilities include teaching graduate courses in the counselor education program, student advisement, supervision, research, and publication.

Assistant Professor (2013-current), University of Mississippi, Oxford, MS

Assistant Professor in the School of Education, Department of Educational Leadership and Counselor Education. Responsibilities include teaching graduate courses in the counselor education program, student advisement, supervision, research, and publication.

Graduate Assistant (2008-2013), University of Mississippi, Oxford, MS

Graduate assistant in the Educational Leadership and Counselor Education department. Responsibilities included assisting faculty with research, editing manuscripts, program coordination, and co-teaching.

School Counselor (2005-2007), East Robertson High School, Cross Plains, TN

Designed the school counseling curriculum and created activities and resources to implement and evaluate program. Provided individual and group counseling services to meet the developmental, academic, preventative, and remedial needs of students. Consulted with students, parents, teachers, administrators, and other school/community members to advocate for the needs of students.

Remediation Teacher (2004-2005), Batchelor Middle School, Bloomington, IN

Instructor for eighth grade remedial mathematics. Provided assistance and instruction for mathematics curriculum, performed day to day lessons and activities. Conducted tests and exams to check and monitor the progress of students. Communicated students' progress and development with parents and guardians. Developed and fostered students' positive behaviors and confidence levels.

Career Counselor (2002-2004), WorkOne, Martinsville, IN

Career Counselor for adults and specifically single mothers. Duties included career assessments, consultations, small and large group counseling, casework, intake interviews, and individual sessions. Helped with placement, consultation, and referrals.

Social Worker (2000-2002), Department of Family and Children Services,

Bloomington, IN Social worker for children and families in Indiana. Duties included assessment, behavior management, treatment plans, in-home consultation, Medicaid & Medicare referrals/intakes, career consultation, and ensuring that the families' emotional and physical needs were provided for.