



Endorsement in Wellness and Physical Activity

Department of Teacher Education

University of Mississippi | School of Education

The following courses are required to successfully complete the endorsement in Wellness and Physical Activity.

Credit Hours	Course Code	Professional Core (12 Credit Hours)	Semester
3	EDWP 340	<p>Integrated Music and Movement for the Elementary Classroom</p> <p><i>Course Description: Experiences and development of music and movement concepts as they relate to the elementary classroom. Emphasis on content, objectives, instructional practices, and assessment of music and movement in the elementary classroom.</i></p>	
3	EDWP 341	<p>Essential Concepts of Wellness Integration for the Elementary Classroom</p> <p><i>Course Description: As a guide to integrating concepts of wellness into the elementary curriculum, this course addresses the foundational knowledge needed to develop integrated curricula.</i></p>	
3	EDWP 342	<p>Methods for Integrated Wellness and Physical Activity in the Elementary Classroom</p> <p><i>Course Description: Methods in wellness and physical activity integration as they relate to content, curriculum, assessment, and research. Focus on approaches to teaching and learning, classroom management, technology, and methods of integrating wellness and physical activity in the elementary classroom.</i></p>	
3	EDWP 343	<p>Classroom Implementation of Wellness and Physical Activity</p> <p><i>Course Description: Practical application and field experiences in wellness and physical activity integration for the elementary classroom. Emphasis on development and implementation of curricular content, sequence, scope, and assessment. Reflection and overall synthesis of wellness and physical activity endorsement course content.</i></p>	

*Note: The Endorsement in Wellness and Physical Activity can only be added to an Elementary K-6 license.

**Any substitution or changes must have your advisor's approval.

Please check the Teacher Education Undergraduate Handbook for any additional requirements.